

7ème Meeting Lémanique
Montreux, 20. - 21.2.2010

Epreuve 1 Messieurs, 400m Libre Cat. générale
20.2.2010 - 9:00 Liste résultats

Record du meeting 4:04.37 Karasek David SUI Montreux 21.4.2007

Temps limite : 5:05.00

Points: FINA 2010

Rang			AN			Temps	Pts	
1.	Escher Joël		89	Schwimmclub Aarefisch Aarau		4:12.11	665	
	50m: 29.06	29.06	150m: 1:31.59	31.38	250m: 2:35.58	32.18	350m: 3:40.28	32.27
	100m: 1:00.21	31.15	200m: 2:03.40	31.81	300m: 3:08.01	32.43	400m: 4:12.11	31.83
2.	Hüsing Lukas		90	VFL Sindelfingen		4:18.33	618	
	50m: 28.99	28.99	150m: 1:33.67	32.53	250m: 2:39.52	32.84	350m: 3:46.76	33.43
	100m: 1:01.14	32.15	200m: 2:06.68	33.01	300m: 3:13.33	33.81	400m: 4:18.33	31.57
3.	Erni Sven		88	Red Fish Neuchatel		4:19.91	607	
	50m: 29.58	29.58	150m: 1:34.16	32.66	250m: 2:40.04	32.89	350m: 3:46.87	33.51
	100m: 1:01.50	31.92	200m: 2:07.15	32.99	300m: 3:13.36	33.32	400m: 4:19.91	33.04
4.	Baillod Julien		80	Schwimmclub Uster Wallisellen		4:22.27	590	
	50m: 30.79	30.79	150m: 1:37.32	33.24	250m: 2:44.02	33.12	350m: 3:50.14	32.89
	100m: 1:04.08	33.29	200m: 2:10.90	33.58	300m: 3:17.25	33.23	400m: 4:22.27	32.13
5.	Studer Kevin		91	Schwimmclub Aarefisch Aarau		4:22.43	589	
	50m: 29.06	29.06	150m: 1:35.33	33.73	250m: 2:43.77	34.42	350m: 3:51.71	34.39
	100m: 1:01.60	32.54	200m: 2:09.35	34.02	300m: 3:17.32	33.55	400m: 4:22.43	30.72
6.	Dürre Gerrit		87	VFL Sindelfingen		4:22.63	588	
	50m: 29.65	29.65	150m: 1:35.41	33.04	250m: 2:42.35	33.49	350m: 3:49.85	33.72
	100m: 1:02.37	32.72	200m: 2:08.86	33.45	300m: 3:16.13	33.78	400m: 4:22.63	32.78
7.	Meier Christoph		93	Region Ostschweiz		4:23.30	583	
	50m: 28.86	28.86	150m: 1:34.95	33.50	250m: 2:43.65	34.15	350m: 3:51.09	35.11
	100m: 1:01.45	32.59	200m: 2:09.50	34.55	300m: 3:15.98	32.33	400m: 4:23.30	32.21
8.	Bonfils Loïc		91	Renens-Natation		4:24.51	575	
	50m: 28.89	28.89	150m: 1:34.43	33.22	250m: 2:41.83	33.80	350m: 3:51.49	34.66
	100m: 1:01.21	32.32	200m: 2:08.03	33.60	300m: 3:16.83	35.00	400m: 4:24.51	33.02
9.	Castro Joshua		90	Renens-Natation		4:25.06	572	
	50m: 29.66	29.66	150m: 1:35.71	33.29	250m: 2:43.02	33.79	350m: 3:51.35	34.33
	100m: 1:02.42	32.76	200m: 2:09.23	33.52	300m: 3:17.02	34.00	400m: 4:25.06	33.71
10.	Ciccone Fabio		95	Schwimmclub Aarefisch Aarau		4:28.48	550	
	50m: 30.21	30.21	150m: 1:37.42	33.75	250m: 2:45.94	34.34	350m: 3:54.91	34.22
	100m: 1:03.67	33.46	200m: 2:11.60	34.18	300m: 3:20.69	34.75	400m: 4:28.48	33.57
11.	Fries Matthieu		94	Vevey-Natation		4:33.53	520	
	50m: 30.21	30.21	150m: 1:38.40	34.44	250m: 2:49.15	35.19	350m: 3:59.47	35.20
	100m: 1:03.96	33.75	200m: 2:13.96	35.56	300m: 3:24.27	35.12	400m: 4:33.53	34.06
12.	Wetzel Tobias		93	SSG Neptun Germering e.V.		4:33.61	520	
	50m: 28.74	28.74	150m: 1:35.66	34.07	250m: 2:46.28	35.86	350m: 3:58.63	36.26
	100m: 1:01.59	32.85	200m: 2:10.42	34.76	300m: 3:22.37	36.09	400m: 4:33.61	34.98
13.	Staub Ivo-Flurin		95	Schwimmklub Bern		4:33.77	519	
	50m: 30.98	30.98	150m: 1:40.49	34.96	250m: 2:50.88	34.87	350m: 4:01.58	34.92
	100m: 1:05.53	34.55	200m: 2:16.01	35.52	300m: 3:26.66	35.78	400m: 4:33.77	32.19
14.	Verbicaro Simon		92	Schwimmklub Bern		4:33.95	518	
	50m: 31.10	31.10	150m: 1:39.27	34.50	250m: 2:50.74	35.91	350m: 3:59.89	34.12
	100m: 1:04.77	33.67	200m: 2:14.83	35.56	300m: 3:25.77	35.03	400m: 4:33.95	34.06
15.	Rochat Jean François		91	Red Fish Neuchatel		4:35.04	512	
	50m: 31.68	31.68	150m: 1:40.80	34.85	250m: 2:51.20	35.39	350m: 4:02.36	35.80
	100m: 1:05.95	34.27	200m: 2:15.81	35.01	300m: 3:26.56	35.36	400m: 4:35.04	32.68
16.	Ramseyer Marco		89	Gaiser Schwimmclub		4:37.19	500	
	50m: 31.36	31.36	150m: 1:41.69	35.32	250m: 2:53.02	35.31	350m: 4:03.87	35.13
	100m: 1:06.37	35.01	200m: 2:17.71	36.02	300m: 3:28.74	35.72	400m: 4:37.19	33.32
17.	Steiner Robin		95	Schwimmklub Bern		4:37.65	497	
	50m: 31.63	31.63	150m: 1:41.67	35.20	250m: 2:52.25	35.23	350m: 4:03.84	35.60
	100m: 1:06.47	34.84	200m: 2:17.02	35.35	300m: 3:28.24	35.99	400m: 4:37.65	33.81
18.	Baensch Patrick		91	Lausanne Natation		4:37.68	497	
	50m: 29.85	29.85	150m: 1:36.66	33.95	250m: 2:47.91	35.51	350m: 4:00.66	36.96
	100m: 1:02.71	32.86	200m: 2:12.40	35.74	300m: 3:23.70	35.79	400m: 4:37.68	37.02
19.	Matiz Paolo		96	Schwimmklub Bern		4:37.75	497	
	50m: 32.16	32.16	150m: 1:41.41	34.85	250m: 2:51.80	34.90	350m: 4:02.97	35.77
	100m: 1:06.56	34.40	200m: 2:16.90	35.49	300m: 3:27.20	35.40	400m: 4:37.75	34.78

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Rang					AN					Temps	Pts
20.	Rüedi Christophe				94	Schwimmverein Baar				4:38.73	492
	50m: 29.88	29.88	150m: 1:38.70	35.36	250m: 2:50.70	35.84	350m: 4:03.41	36.18			
	100m: 1:03.34	33.46	200m: 2:14.86	36.16	300m: 3:27.23	36.53	400m: 4:38.73	35.32			
21.	Girardin Axel				93	Lausanne Natation				4:39.95	485
	50m: 32.03	32.03	150m: 1:42.34	35.42	250m: 2:54.11	35.76	350m: 4:05.97	35.77			
	100m: 1:06.92	34.89	200m: 2:18.35	36.01	300m: 3:30.20	36.09	400m: 4:39.95	33.98			
22.	Lassueur Steve				93	Vevey-Natation				4:40.34	483
	50m: 32.10	32.10	150m: 1:43.51	35.85	250m: 2:54.98	35.57	350m: 4:06.67	36.08			
	100m: 1:07.66	35.56	200m: 2:19.41	35.90	300m: 3:30.59	35.61	400m: 4:40.34	33.67			
23.	Schläpfer Pascal				94	Region Ostschweiz				4:41.64	477
	50m: 31.97	31.97	150m: 1:42.65	35.77	250m: 2:54.83	36.53	350m: 4:08.79	36.78			
	100m: 1:06.88	34.91	200m: 2:18.30	35.65	300m: 3:32.01	37.18	400m: 4:41.64	32.85			
24.	Sidler Marco				97	Region Ostschweiz				4:42.06	474
	50m: 31.74	31.74	150m: 1:42.08	35.74	250m: 2:54.54	36.50	350m: 4:07.55	36.44			
	100m: 1:06.34	34.60	200m: 2:18.04	35.96	300m: 3:31.11	36.57	400m: 4:42.06	34.51			
25.	Abbet Justin				95	Club de natation Sierre				4:42.10	474
	50m: 30.59	30.59	150m: 1:41.16	36.23	250m: 2:55.23	37.11	350m: 4:08.24	35.88			
	100m: 1:04.93	34.34	200m: 2:18.12	36.96	300m: 3:32.36	37.13	400m: 4:42.10	33.86			
26.	Friederici Niklas				95	Region Ostschweiz				4:42.23	474
	50m: 30.45	30.45	150m: 1:41.56	36.41	250m: 2:55.45	37.01	350m: 4:08.33	35.86			
	100m: 1:05.15	34.70	200m: 2:18.44	36.88	300m: 3:32.47	37.02	400m: 4:42.23	33.90			
27.	Pfyffer Luca				96	Schwimmverein Kriens				4:43.16	469
	50m: 32.73	32.73	150m: 1:44.50	35.87	250m: 2:57.10	36.41	350m: 4:09.48	36.18			
	100m: 1:08.63	35.90	200m: 2:20.69	36.19	300m: 3:33.30	36.20	400m: 4:43.16	33.68			
28.	Escher Oliver				92	Schwimmclub Aarefisch Aarau				4:43.35	468
	50m: 31.56	31.56	150m: 1:42.61	35.79	250m: 2:54.88	36.16	350m: 4:07.09	35.51			
	100m: 1:06.82	35.26	200m: 2:18.72	36.11	300m: 3:31.58	36.70	400m: 4:43.35	36.26			
29.	Portmann Kevin				94	Schwimmverein Baar				4:44.47	462
	50m: 31.77	31.77	150m: 1:43.46	36.25	250m: 2:56.62	36.52	350m: 4:09.52	36.45			
	100m: 1:07.21	35.44	200m: 2:20.10	36.64	300m: 3:33.07	36.45	400m: 4:44.47	34.95			
30.	Bonfils Loris				94	Renens-Natation				4:45.94	455
	50m: 31.58	31.58	150m: 1:43.04	36.42	250m: 2:56.70	37.14	350m: 4:10.39	36.83			
	100m: 1:06.62	35.04	200m: 2:19.56	36.52	300m: 3:33.56	36.86	400m: 4:45.94	35.55			
31.	Sciboz Thomas				93	Red Fish Neuchatel				4:48.80	442
	50m: 31.19	31.19	150m: 1:43.25	37.13	250m: 2:57.78	37.57	350m: 4:12.73	36.89			
	100m: 1:06.12	34.93	200m: 2:20.21	36.96	300m: 3:35.84	38.06	400m: 4:48.80	36.07			
32.	Sidler Christian				91	Region Ostschweiz				4:48.88	442
	50m: 30.83	30.83	150m: 1:42.39	36.45	250m: 2:56.37	37.20	350m: 4:11.89	37.58			
	100m: 1:05.94	35.11	200m: 2:19.17	36.78	300m: 3:34.31	37.94	400m: 4:48.88	36.99			
33.	Plumez Jérôme				92	Startgemeinschaft Berner Oberland				4:49.50	439
	50m: 31.53	31.53	150m: 1:43.05	36.51	250m: 2:57.63	37.78	350m: 4:13.52	38.06			
	100m: 1:06.54	35.01	200m: 2:19.85	36.80	300m: 3:35.46	37.83	400m: 4:49.50	35.98			
34.	Dudan Erwan				94	Natation Sportive Genève				4:51.42	430
	50m: 31.91	31.91	150m: 1:44.71	36.85	250m: 2:58.90	37.50	350m: 4:14.50	37.90			
	100m: 1:07.86	35.95	200m: 2:21.40	36.69	300m: 3:36.60	37.70	400m: 4:51.42	36.92			
35.	Rieder Reto				91	Startgemeinschaft Berner Oberland				4:51.48	430
	50m: 31.63	31.63	150m: 1:42.94	36.34	250m: 2:56.94	37.31	350m: 4:14.31	38.85			
	100m: 1:06.60	34.97	200m: 2:19.63	36.69	300m: 3:35.46	38.52	400m: 4:51.48	37.17			
36.	Slanschek Tim				96	Region Ostschweiz				4:51.58	429
	50m: 32.26	32.26	150m: 1:45.88	37.21	250m: 3:00.33	36.77	350m: 4:16.20	38.31			
	100m: 1:08.67	36.41	200m: 2:23.56	37.68	300m: 3:37.89	37.56	400m: 4:51.58	35.38			
37.	Thullen Basile				94	Natation Sportive Genève				5:00.10	394
	50m: 34.24	34.24	150m: 1:50.85	38.71	250m: 3:08.07	38.20	350m: 4:23.39	36.40			
	100m: 1:12.14	37.90	200m: 2:29.87	39.02	300m: 3:46.99	38.92	400m: 5:00.10	36.71			
38.	Hugentobler Léo				97	Natation Sportive Genève				5:00.27	393
	50m: 35.21	35.21	150m: 1:51.26	38.23	250m: 3:08.40	38.37	350m: 4:24.19	37.35			
	100m: 1:13.03	37.82	200m: 2:30.03	38.77	300m: 3:46.84	38.44	400m: 5:00.27	36.08			
39.	Moeschberger Patrick				89	Morges-Natation				5:00.71	391
	50m: 33.51	33.51	150m: 1:45.87	36.86	250m: 3:02.26	38.42	350m: 4:20.19	39.17			
	100m: 1:09.01	35.50	200m: 2:23.84	37.97	300m: 3:41.02	38.76	400m: 5:00.71	40.52			

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Rang					AN					Temps	Pts	
40.	Lutzelschwab Arthur				97	Natation Sportive Genève				5:02.39	385	
	50m:	34.47	34.47	150m:	1:51.73	39.21	250m:	3:08.98	38.91	350m:	4:25.21	38.15
	100m:	1:12.52	38.05	200m:	2:30.07	38.34	300m:	3:47.06	38.08	400m:	5:02.39	37.18
41.	Glauser Vincent				95	Swim Team Biel-Bienne				5:03.36	381	
	50m:	32.96	32.96	150m:	1:48.40	38.59	250m:	3:06.73	39.74	350m:	4:25.77	39.62
	100m:	1:09.81	36.85	200m:	2:26.99	38.59	300m:	3:46.15	39.42	400m:	5:03.36	37.59
42.	Slanschek Marvin				98	Region Ostschweiz				5:04.46	377	
	50m:	33.59	33.59	150m:	1:51.23	39.10	250m:	3:09.86	39.70	350m:	4:28.28	39.58
	100m:	1:12.13	38.54	200m:	2:30.16	38.93	300m:	3:48.70	38.84	400m:	5:04.46	36.18
43.	Metternich Evan				96	Morges-Natation				5:07.28	367 *	
	50m:	36.63	36.63	150m:	1:55.80	39.49	250m:	3:14.58	39.72	350m:	4:32.19	38.38
	100m:	1:16.31	39.68	200m:	2:34.86	39.06	300m:	3:53.81	39.23	400m:	5:07.28	35.09
44.	Landenbergue Raphaël				94	Genève Natation 1885				5:09.57	359 *	
	50m:	35.02	35.02	150m:	1:51.99	39.08	250m:	3:11.59	39.81	350m:	4:31.06	39.55
	100m:	1:12.91	37.89	200m:	2:31.78	39.79	300m:	3:51.51	39.92	400m:	5:09.57	38.51
45.	Montanelli Luca				95	Natation Sportive Genève				5:10.23	356 *	
	50m:	35.53	35.53	150m:	1:54.54	39.50	250m:	3:15.96	40.47	350m:	4:34.18	37.95
	100m:	1:15.04	39.51	200m:	2:35.49	40.95	300m:	3:56.23	40.27	400m:	5:10.23	36.05
46.	Remund Cla				98	Schwimmklub Bern				5:11.56	352 *	
	50m:	32.84	32.84	150m:	1:50.74	40.04	250m:	3:11.68	40.58	350m:	4:32.36	39.93
	100m:	1:10.70	37.86	200m:	2:31.10	40.36	300m:	3:52.43	40.75	400m:	5:11.56	39.20
47.	Perret Christophe				96	Natation Sportive Genève				5:20.73	323 *	
	50m:	35.78	35.78	150m:	1:56.53	40.25	250m:	3:18.68	40.83	350m:	4:40.92	41.01
	100m:	1:16.28	40.50	200m:	2:37.85	41.32	300m:	3:59.91	41.23	400m:	5:20.73	39.81